

passengers. No. 12 and 5 arrived and we loaded. All children and young people gave up their seats and were put in the aisles. We must have carried some one hundred people. Small children were held by adults. I was fairly comfortable, except that I couldn't put my seat back, and when I slept I twisted my neck.

Several Redwood Valley Council members -- Don and Bonnie Beck and Lee Ingram -- were on our bus, probably going to confer with Jim in San Francisco, as the emergency mentioned earlier was not resolved yet.

We left Button Willow at 12.00. I expected we would be late in getting into San Francisco, but we made very good time and arrived at 5.45.

Although I think No. 5 arrived before us, I did not see either Mary or Contonia. I took some others to Scott and Oak, arriving at my apartment at 6.15.

4 August - M - Carol kept me extremely busy all day today finishing up work before she leave for Gaithersburg.

I ate at my desk, then went for a walk. I bought a doughnut.

After work I took the Masonic bus and went to U.C. Hospital to see Jim McElvane. I had to wait for fifteen minutes or so. He was receiving anti-biotics intravenously and seemed in pain. He said he was having trouble with constipation. He has had a considerable number of visitors and said they sometimes tire him. He expects to be out of the hospital in a week.

I arrived home about 7.00. I didn't do my exercises.

I prepared and ate dinner and washed dishes.

I spent an hour or so on my journal, proofreading the 16 to 31 January section, but I kept falling asleep.

I went to bed at 1.30.

5 August - T - I did not have quite as much to do today as yesterday, though I had no free time. Carol was still finishing last minute requests.

At noon I saw the film in the employees' series. It was called "Similkameen," the name of a copper mine in British Columbia. The scenery was breathtakingly beautiful.

I got a cash advance for Carol, and she received her ticket. I typed her itinerary.

The Bank of America phoned me that my loan had been approved.

When I got off the bus tonight, I took my car to the Farmers' Market (which is not really anything special in the way of a direct outlet

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for growers, but merely an ordinary grocery store), bought some fruit for the rest of the week.

I exercised.

I prepared dinner, ate and washed dishes.

The Temple message said definitively that the Hawaii trip had been postponed, but those who wish to go should make reservations. Probably with reference to the current emergency, we were told to be cautious in talking over the telephone to a man named Eliot, and no one is to leaflet at the present time.

At 10.00 I started to work on my journal, entering items from the 16 to 31 January section in my calendar and proofreading again, as I had been so sleepy when I did it last night.

Instead of "In Conversation," Mobiloil's program on KDPC tonight was commemorative of the dropping of the first atomic bomb, and I did not want to listen to it just before going to bed. I took a bath.

I read newspapers and a little from Wilson.

I went to bed at 1.30.

6 August - W - I have been assigned to work for John Stewart, a black attorney, this week and next, before his newly hired secretary comes on duty. He is taking Carol's place in Garb's unit and will be handling the jobs she was responsible for. I'm remaining at my own desk. He gave me only a few items to do today.

I filled in journal entries on last weekend.

I had to make a few changes in memos typed yesterday for Garb's signature on billings of outside attorneys, including the one on the Puerto Rican job which we have had so much trouble with.

I ate my lunch early at my desk and went to hear the Energy Forum speech at 12.15. The speaker was R. Paul Schmitz, Chief Nuclear Engineer of the Thermal Power Organization, a Bechtel entity. The talk, "Disposal of Radioactive Wastes," was very informative, but like all in this series was designed to show how essential and how safe are nuclear power plants. He did admit there were some problems. The room was packed, and I had to stand throughout the speech.

I took a short walk before going back to my office. I looked for a bathing suit in two of the stores near California in which cut-rate clothes are sold, but I didn't find anything suitable. I want to get a new suit for the Temple trip.

When I got home tonight I took an hour's nap.

I ate a fried egg, a toasted English muffin, frozen vegetables, and a plum.